

Riva degli Etruschi

GYM RULES

1. GENERAL INFORMATION

a) The gym is open daily from 8.00 am to 7.00 pm. The access is free

2. RULES OF CONDUCT

a) You must be in good health to use the facility

b) Guests shall not access the gym whilst suffering from any infections or contagious illness, disease or physical ailment such as abrasions and open wounds (even when covered by patches)

c) Be considerate of others: be discreet about them, respect personal space, do not be loud

d) Only guests over the age of 18 are permitted to attend the gym. Teenagers above 14 must be accompanied by an adult

e) Guests should be suitably dressed whilst using the gym. Clean training shoes must be worn at all times.

f) In the interest of health and hygiene all guests should place towels or mats should on the floor and on the equipment before exercising

g) Guests must replace all weights and equipment after use to correct areas

h) Please put all your cans, bottles and other rubbish inside the bins provided

i) Changing rooms and showers are not available

j) It's up to you to keep your belongings safe. Do not bring any valuables to the gym. Riva degli Etruschi has no liability for any loss, theft or damage

k) Please report to the Management any problems, including equipment malfunctions, adverse events, inappropriate behavior by other users

3. RESTRICTIONS

a) Outside footwear is prohibited

b) Smoking is not permitted inside the gym, this includes the use of electronic cigarettes

c) No guest may bring liquor to the gym nor use the facilities whilst under the influence of alcohol

d) Illicit doping substances are not admitted

e) Animals are not allowed inside the gym

4. GYM EQUIPMENT AND MACHINES

a) The exercise machines can be used only for their purpose, as intended by the manufacturer

b) The guests are solely responsible for the use of the equipment